

VIDEO: The Salty Truth About Sodium

Published on Food Manufacturing (<http://www.foodmanufacturing.com>)

VIDEO: The Salty Truth About Sodium

NBC News

Americans consume 50 percent more salt in their daily diet than recommended by health guidelines. Dr. Snyderman debunks some of the most common myths and misconceptions around sodium.

Video of Salty Truths About Sodium | Debunker | NBC News

Source URL (retrieved on 01/29/2015 - 4:33pm):

<http://www.foodmanufacturing.com/videos/2014/06/video-salty-truth-about-sodium>