

An Authentic St. Patrick's Day Feast

CNN

What do Irish families actually eat on St. Patrick's Day? Dublin-born Cathal Armstrong busts popular myths, such as eating corned beef and cabbage, and reveals what traditional delicacies are on the menu in Ireland this St. Patrick's Day.

For more food industry news and information, [subscribe here \[1\]](#) and follow us on [Twitter \[2\]](#), [Facebook \[3\]](#) or [LinkedIn \[4\]](#).

Source URL (retrieved on 01/26/2015 - 5:57am):

<http://www.foodmanufacturing.com/videos/2014/03/real-st-patricks-day-feast>

Links:

[1] http://subscribe.advantagemedia.com/fm_ods/landing.aspx?cmpid=footerlink

[2] <https://twitter.com/foodmfg>

[3] <https://www.facebook.com/FoodManufacturing>

[4] http://www.linkedin.com/groups/Food-Manufacturing-wwwfoodmanufacturingcom-4656128?trk=my_groups-b-grp-v