

## **Dr. Oz: Canned Foods Are Great**

Published on Food Manufacturing (<http://www.foodmanufacturing.com>)

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Television celebrity Dr. Mehmet Oz gives consumer tips on eating well for less. He touts the benefits of fruits and vegetables and urges shoppers to consider buying canned foods, which he says are just as good as fresh and can help stretch the grocery dollar.

**Source URL (retrieved on 01/25/2015 - 11:52am):**

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