

## **Photos: The Always-in-Season Superfruit**

Cherry Marketing Institute



Available year-round in dried, juice, frozen and concentrate forms, tart cherries are more than just delicious - they tend to be good for you, as their tart taste and bright red color are typically cues for more good-for-you phytonutrients inside.



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July marks tart cherry harvest season for this predominantly U.S. grown superfruit, and growers and processors are preparing for a fruitful crop for this red hot fruit. **(PRNewsFoto/Cherry Marketing Institute)**

**Read:** [Tart Cherries: An On-Trend Superfruit That's Always in Season](#) [1]

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[1] <https://prnmedia.prnewswire.com/news-releases/tart-cherries-an-on-trend-superfruit-thats-always-in-season-268259332.html>